FY2026 Guide to Routine Immunizations for Children

(As of April 1, 2026)

☆ Please bring your *Maternal and Child Health Handbook and identification documents* when bringing your child for vaccinations.

☆ If your child does not receive a vaccination within the designated period, the vaccination will no longer be free. □

Vaccine		Period when vaccination can be administered	Period when you will receive the notice	How to receive the vaccination
Hepatitis B (HBV)		Under 1 year of age (A total of 2 doses given at intervals of 27 days or more, followed by 1 dose given at least 139 days after the first dose)	The notice is posted to you by the end of the month when your child reaches 1 month of age. (Depending on the date the birth registration is submitted, the pre-immunization screening questionnaire may be sent at the end of the month in which the child turns 2 months old)	These vaccinations are administered at designated medical institutions in Setagaya City, other 22 wards in Tokyo, Komae City, Chofu City, and Mitaka City.
Rotavirus	Rotarix (1-valent)	From 6 weeks 0 days to 24 weeks 0 days of age (A total of 2 doses given at intervals of 27 days or more)		
	RotaTeq (5-valent)	From 6 weeks 0 days to 32 weeks 0 days of age (A total of 3 doses given at intervals of 27 days or more)		
Childhood pneumococcal vaccination		From 2 months to under 5 years of age (A total of 4 doses) *Note 1		
DPT-IPV-Hib five-vaccine combination (diphtheria,pertussis, tetanus,inactivated polio, and Hib)	Part I (1st dose)	From 2 months to under 7 years and 6 months of age (A total of 3 doses given at intervals of 20 days or more)		
	Part I (booster)	Under 7 years and 6 months of age (1 dose given at least 6 months after completion of the initial 3-dose series)		
BCG (Bacillus Calmette–Guérin)		1 dose for children under 1 year of age	The notice is posted to you by the end of the month when your child reaches 4 months of age.	
Varicella vaccine (chickenpox)		From 1 year to under 3 years of age (A total of 2 doses given at intervals of 3 months or more)	The notice is posted to you by the end of the month when your child reaches 11 months of age.	
MR (measles and rubella vaccine combination)	Part 1	1 dose from 1 year to under 2 years of age		
	Part 2	1 dose for children 5 years to under 7 years of age, from April 1 of the year before elementary school enrollment to March 31 of the year of enrollment	The notice is posted to you by the end of March the year before your child enters elementary school.	
Japanese encephalitis vaccine *Note 2	Part 1 1st dose	From 6 months to under 7 years and 6 months of age (A total of 2 doses given at intervals of 6 days or more)	The notice is posted to you by the end of the month when your child reaches 2 years 11 months of age	
	Part 1 booster	From 6 months to under 7 years and 6 months of age (1 dose given at least 6 months after completion of the initial 2-dose series)	The notice is posted to you by the end of the month when your child reaches 3 years 11 months of age	
	Part 2	1 dose for children 9 years to under 13 years of age	The notice is posted to you by the end of the month when your child reaches 8 years 11 months of age	
DT 2-vaccine combination (diphtheria and tetanus)		1 dose for children 11 years to under 13 years of age	The notice is posted to you by the end of the month when your child reaches 10 years 11 months of age	
Human papilloma virus (HPV) vaccine (for prevention of cervical cancer)		Girls of an age equivalent to sixth grade in elementary school through first grade in high school (A total of 2 or 3 doses) *Note 3	The end of March in the child's fifth year of elementary school *Note 4	

Note 1 The immunization schedule varies depending on when you start receiving immunizations. Please check the Setagaya City website for details.

Note 2 If you were born in FY2006 and have not yet completed the Japanese encephalitis immunization series (a total of four doses), you may receive any remaining doses until the day before your 20th birthday. For further details, please contact the office listed under Inquiries on the back page.

Note 3 The immunization schedule varies depending on when you start receiving immunizations. Please check the Setagaya City website for details.

Note 4 In FY2026, a screening questionnaire will be sent to people born in FY2014 and FY2015.

☆ If you have not received the preliminary vaccination certificate after the notification period, or if you moved in after the notification period or do not have a preliminary vaccination certificate for any other reason, please access the website using the two-dimensional code at right to complete your application online, or call the number listed under "Enquiries" on the reverse side.

☆ In addition to the routine vaccinations listed above, Setagaya City offers optional vaccinations such as for mumps through public funding.
For more information, please access the website using the two-dimensional code at right.

▼ Setagaya City website:
Vaccinations for Children

Information on Infant and Toddler Health Checkups and Related Services for FY2026

(As of April 1, 2026)

1.Checkup

Name of checkup	Period when checkup is carried out	Period when you will receive the notice	How to undergo the checkup
Health checkup at 1 month	From 28 days to 41 days after birth (with the date of birth counted as day 0)	The checkup form and information on the expense subsidy will be enclosed in the Maternal and Child Health Bag.	Provided individually at medical institutions The checkup form can be used at contracted medical institutions in Tokyo from October 1, 2026
Health checkup at 3 to 4 months	In Setagaya City, this checkup is carried out during the month when your child reaches 4 months of age; it is carried out to check your child's development (such as the ability to support his/her own head).*Specified date and time	The notice is posted to you by the end of the month when your child reaches 3 months of age	Provided in a group setting at the local Public Health Promotion Division
Health checkups at 6 to 7 months and 9 to 10 months	Each checkup is carried out once between the month when your child reaches 6-7 months and the month when your child reaches 9-10 months of age	The checkup card is handed over to you at the time when your child undergoes the 3-4 month checkup	Provided individually at designated medical institutions in Tokyo
Health checkup at 18 months (internal checkup)	1 year 6 months - 1 year 11 months of age	The notice is posted to you by the end of the month when your child reaches 1 year 5 months of age	Provided individually at designated medical institutions in Setagaya City
Health checkup at 18 months (dental checkup)	During the month when your child reaches 1 year 7 months of age (however, your child can undergo this checkup up until he/she reaches 1 year 11 months of age)*Specified date and time	The notice is posted to you by the end of the month when your child reaches 1 year 6 months of age	Provided in a group setting at the local Public Health Promotion Division
Dental checkup at 30 months	2 years 6 months - 2 years 8 months of age	The notice is posted to you by the end of the month when your child reaches 2 years 5 months of age	Provided individually at designated medical institutions in Setagaya City
Health checkup at 3 years (internal and dental checkup)	During the month when your child reaches the 3 years 1 month of age (however, your child can undergo this checkup up until he/she reaches 3 years 11 months of age)	Mailed by the end of the month following the month in which the child reaches the age of three	Provided in a group setting at the local Public Health Promotion Division
Health checkup for five-year-old children	4 years 6 months - 5 years 6 months of age	For those born between April and September,the documents will be mailed around May. For those born between October and March,they will be mailed around September.	After a questionnaire survey is conducted for all participants, eligible participants will be informed about health checkups at their local Public Health Promotion Division
Distribution of fluoride application cards (4 years/6 years)	From June - March of the following year ※This checkup is for children who reach 4 years/6 years of age between 1 April 2025 and 31 March 2026. Eligible 4-year-olds are those born between 1 April 2021 and 31 March 2022. Eligible 6-year-olds are those born between 1 April 2019 and 31 March 2020.	The notice is posted to you at the end of May	Provided individually at designated medical institutions in Setagaya City

2. Services available after birth: “childrearing support gifts or the pregnancy support subsidy (second payment)” and “Setagaya childrearing voucher”

Service name	Content	Target	Distribution method
Childrearing support gifts or the pregnancy support subsidy (second payment) Note: One of the two will be issued.	Childrearing support gifts: A 100,000-yen gift card for each child born Pregnancy support subsidy (second payment): 50,000 yen in cash per child born The application period is from eight weeks before the expected date of delivery until two years later. For details, please see page ID 20413 on the Setagaya City website.	Pregnant and postpartum women who are registered as residents of Setagaya City as of the date of application	In both cases, you will receive an application guide at the time of the Aka-chan Homon (home visit for infants). Use this guide when applying.
Setagaya Childcare Voucher	We are distributing Setagaya childrearing vouchers (valued at 10,000 yen) that can be used for local services pre- and post-birth, parent-child interactions and making friends. *The vouchers are valid until the child's second birthday. *Vouchers will be distributed to eligible persons, with one voucher for each infant. For details, please see page ID 1188 on the Setagaya City website.	For guardians who are pregnant to those with children up to two years (Example: Born on April 20, 2025 → distributed until April 19, 2027) *Those who have not received a childrearing voucher during pregnancy or those who moved to Setagaya Ward after submitting a pregnancy notification form, or those who moved to Setagaya Ward after giving birth are also eligible for vouchers, provided they meet the above.	You will receive the voucher during the neuvola interview with a health nurse, midwife, or other health provider (interview during pregnancy/interview after birth). *You may receive postpartum advice in conjunction with child health checkups, etc. *If you would like an interview, please contact your local Health Promotion Division (refer to “3. Enquiries” below).

3.Enquiries

内容	担当部署	管轄地域	TEL	FAX
・Vaccination	Infectious Diseases Control Division, Setagaya Public Health Center	—	03−5432−2437 (Setagaya Vaccination Call Center)	03−5432−3022
①About checkup form, checkup schedule ・If you do not receive a consultation form, if you move in after the notification time, if you lose, etc. ・date of Health checkups at 3 to 4 months, 18 months (dental checkup) or 3 years ②About pregnancy consultations / postpartum consultations, consultation such as child care by public health nurse and nutritionist of Neubora team, distribution of use Setagaya Childrearing Vouchers	Public-Health Promotion Division, Setagaya District Administration Office	池尻1～3丁目、池尻4丁目(1～32番)、上馬、経堂、駒沢1～2丁目、桜、桜丘、三軒茶屋、下馬、世田谷、太子堂、弦巻、野沢、三宿、宮坂、若林	03−5432−2893(check①) 03−5432−2896(check②)	03−5432−3074
	Public-Health Promotion Division, Kitazawa District Administration Office	赤堤、池尻4丁目(33～39番)、梅丘、大原、北沢、豪徳寺、桜上水、代沢、代田、羽根木、松原	03−6804−9355(check①) 03−6804−9667(check②)	03−6804−9044
	Public-Health Promotion Division, Tamagawa District Administration Office	奥沢、尾山台、上野毛、上用賀、駒沢3～5丁目、駒沢公園、桜新町、新町、瀬田、玉川、玉川台、玉川田園調布、玉堤、等々力、中町、野毛、東玉川、深沢、用賀	03−3702−1948(check①) 03−3702−1982(check②)	03−3705−9203
	Public-Health Promotion Division, Kinuta District Administration Office	宇奈根、大蔵、岡本、鎌田、喜多見、砧、砧公園、成城、祖師谷、千歳台、船橋	03−3483−3161(check①) 03−3483−3166(check②)	03−3483−3167
	Public-Health Promotion Division, Karasuyama District Administration Office	粕谷、上北沢、上祖師谷、北烏山、給田、八幡山、南烏山	03−3308−8228(check①) 03−3308−8246(check②)	03−3308−3036
Pregnancy support benefit	Health Promotion Section, Setagaya Public Health Center	—	03-6705-0258 Setagaya City Support Benefit Office for Pregnant Women	—

This information is current as of April 1, 2026. Please check the Setagaya City website for the latest updates.