

FY2025 Information about fluoride varnish application

1. Eligibility

Those who are registered as a Setagaya City resident and will be the following ages during the FY2025:

“Four years old (2021/4/1 – 2022/3/31), and

“Six years old (2019/4/1 – 2020/3/31)

2. Available period

From June 1, 2025 until March 31, 2026

(*Please note that consultations prior to June 1 will not be covered by public funds)

3. How to receive the service

Please write your address, guardian's name, child's name, and child's date of birth (age) on the “Fluoride varnish application ticket,” and bring it to one of the dental clinics within Setagaya City on the enclosed “List of medical institutions for fluoride varnish application”.

(Please note that this service using the ticket above is not available at medical institutions outside Setagaya City).

4. Fee - ¥880

Please pay the fee to the medical institution where your child will receive the fluoride varnish application.

An exemption program is available for those receiving public assistance. Please bring the fluoride varnish application ticket to your home jurisdiction's Lifestyle Support Division, District Administration Office, to receive an exemption stamp.

— Effects of applying fluoride —

For preventing tooth decay, restricting the intake of sweet foods and drinks, removing plaque through oral hygiene, and “**fluoride varnish application**” as a measure to strengthen tooth quality, are all effective. Setagaya City sends out fluoride varnish application tickets for children **3-4 years old**, which is when the dentition of primary teeth has been completed; and **at 5-6 years old** when permanent teeth begin replacing baby teeth (depending upon the individual). Please do not pass up this opportunity.

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